

Curriculum Vitae



Personal Data

First name: Fahimeh Alsadat
Family name: Hosseini
Date of Birth: 21.9.1985
Place of Birth: Kazerun, Fars Province
Nationality: Iranian
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Work Address

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I. Education

Years	Degree	Institution	Location
2007-2009	B.Sc. Degree in Nursing	Shiraz University of Medical Sciences	Shiraz, Fars Province, Iran
2009-2012	M.Sc. Degree in Nursing	Tabriz University of Medical Sciences	Tabriz, East Azerbaijan Province, Iran
2014-2018	PhD Degree in Nursing	Shiraz University of Medical Sciences	Shiraz, Fars Province, Iran

II. Professional experience

Years	Position	Institution	Location
2013	Theoretical instructor	Lamerd University of Medical Sciences	Lamerd, Fars Province, Iran
2014-2018	Clinical instructor	Shiraz University of Medical Sciences	Shiraz, Fars Province, Iran
2020-2021	Clinical and Theoretical instructor	Fasa University of Medical Sciences	Fasa, Fars Province, Iran
2024 – Present	Clinical instructor	Shiraz University of Medical Sciences	Shiraz, Fars Province, Iran

III. Teaching experiences

Years	Course	University	Students
2013	Taught:Skin and Burning course	Lamerd University of Medical Sciences	Undergraduate nursing students
2014-2018	Medical-surgical internship courses (Internship wards: Skin, Burning, Surgical, Internal Medicine, Orthopedic, Nephrology, and Gastrointestinal)	Shiraz University of Medical Sciences	Undergraduate nursing students
2020-2021	-Practical teaching of nursing skills and Medical Surgical internship courses -Theoretical teaching of Medical Surgical Nursing courses	Fasa University of Medical Sciences	Undergraduate nursing students
2024 – Present	Medical-surgical internship courses (Internship wards: Rheumatology, Kidney and Urinary system)	Shiraz University of Medical Sciences	Undergraduate nursing students

IV. Honors and Awards

1. 2024 The presented process, entitled " The process of designing and evaluating the impact of nursing process software on the effective use of nursing process in nursing students", was considered as a top process in the 18th Martyr Motahari Festival in Shiraz.
2. 2023 Selecting the suggested achievements and experiences entitled "Designing and evaluating the impact of a comprehensive nursing process software on the effectiveness of the use of nursing process in patient care" among the best achievements and experiences at the first Iranian National Conference on Advanced Technologies of Medical Science Education, November 22–24, 2023, Razi International Conference Center, Sheikh Raees National Conference and Festival
3. 2018 Ranked 1st among PhD students at Shiraz University of Medical Sciences, Shiraz, Iran
4. 2013 The presented process, entitled "The Project of the Assessment of Professional Value Dimensions of Undergraduate Nursing Students at the End of Their Curriculum in Medical Sciences Universities of Iran", was considered as a top process in the 6th Martyr Motahari Festival in Tabriz.
5. 2008 ranked 1st among bachelor's students at Shiraz University of Medical Sciences, Shiraz, Iran
6. 2016 Registered Intelligent Nursing Assistant at Registration of Real Estate, The Intelligent Nurse Assistant facilitates providing nursing care to patients by using software that was designed based on the different nursing process steps.

V. Membership

1. 2019 -Present, I am a member of the Iranian Nursing Organization and the International Council of Nurses
2. 2014-2018 PhD Nursing Member of the Brilliant Talent Center
3. 2010-2012 Member of the Brilliant Talent Center at Master's Degree of Nursing

4. 2009-2012 Member of Tabriz University of Medical Sciences' Student Research Committee, Tabriz, Iran
5. 2007-2009 Nursing undergraduate member of the Brilliant Talent Center

VI. Publications:

A. Dissertations

- **Ph.D. in Nursing**
Shiraz University of Medical Sciences, Shiraz, Iran (2018)
Dissertation Title: *Designing and Validation of the Spiritual Needs Assessment Questionnaire for Hospitalized Patients*
- **M.Sc. in Nursing**
Tabriz University of Medical Sciences, Tabriz, Iran (2009–2012)
Thesis Title: *Nursing Students' Perspectives on Professional Values in Medical Universities of Iran*

B. Articles

1. Hosseini, F.A., Zarshenas, L., Parvan, K. *et al.* Assessment of the validity and reliability of the nurses' professional values scale—revised in Persian version among nursing students. *BMC Med Educ* **25**, 125 (2025). <https://doi.org/10.1186/s12909-025-06677-y>
2. Hosseini, F.A., Bagherian, S., Cañete-Massé, C. *et al.* The mediating role of physical activity, morning wake-up time, and sleep-inducing medication use in the relationship between age and depression: a path analysis of a large kurdish cohort study in Iran. *BMC Public Health* **25**, 58 (2025). <https://doi.org/10.1186/s12889-024-21262-6>
3. Shaygan, Maryam, Zobeydeh Dehghan Manshadi, and Fahimeh Alsadat Hosseini. "Building Resilience: A Promising Approach to Reduce Anxiety in Mothers and Hospitalized Children with Burn Injuries." *Burns* (2025): 107374.
4. Mohebbi Z, Ghanbarzadeh S, Ejraei A, Gheysari S, Hosseini FA. The impact of Benson's relaxation technique on the quality of life of operating room nurses in hospitals southwest Iran: a randomized controlled trial. *BMC Nurs.* 2024 Nov 13;23(1):826. doi: 10.1186/s12912-024-02495-7. PMID: 39538265; PMCID: PMC11562868.
5. Hosseini FA, Shaygan M, Jahandideh Z. Positive imagery in depressive suicidal patients: A randomized controlled trial of the effect of viewing loved ones' photos on mood states and suicidal ideation. *Heliyon.* 2023;9(11):e22312.
6. Shaygan, M., Jaberi, A., Hosseini, F.A. *et al.* How to prepare nursing students for mental health clinical engagement: a qualitative study. *BMC Med Educ* **23**, 672 (2023). <https://doi.org/10.1186/s12909-023-04657-8>
7. Shaygan, M., Hosseini, F.A., Shemiran, M. *et al.* The effect of mobile-based logotherapy on depression, suicidal ideation, and hopelessness in patients with major depressive disorder: a mixed-methods study. *Sci Rep* **13**, 15828 (2023). <https://doi.org/10.1038/s41598-023-43051-8>
8. Hosseini, F.A., Momennasab, M., Guàrdia-Olmos, J. *et al.* Designing and psychometric properties of the hospitalized patients' spiritual needs questionnaire (HPSNQ) in the medical-surgical hospital setting. *BMC Palliat Care* **22**, 112 (2023). <https://doi.org/10.1186/s12904-023-01213-5>
9. Shaygan, M., & Hosseini, F. A. (2022). Comparison of the effect of psychosocial skills training on acute and chronic musculoskeletal pain intensity: The effectiveness of early intervention in the

reduction of acute musculoskeletal pain. *Musculoskeletal Care*, 1– 9. <https://doi.org/10.1002/msc.1635>

10. Shaygan M., Hosseini F.A., Sheybani negad S. Temporal relationships between changes in depression and suicidal ideation: A mediation analysis in a randomized double-blinded clinical trial. *Psychology and Psychotherapy: Theory, Research and Practice*. Accepted article, not yet published.
11. Hosseini, F. A., Parvan, K., Shaygan, M., & Thomson, B. (2022). Male Nursing Students' Perception of Gender Barriers in Nursing Curricula in an Iranian University of Medical Sciences. *Investigación y Educación en Enfermería*, 40(1). <https://doi.org/10.17533/udea.iee.v40n1e03>
12. Gholamzadeh, S., Shaygan, M., Naderi, Z., & Hosseini, F. A. (2022). Age discrimination perceived by hospitalized older adult patients in Iran: A qualitative study. *Health promotion perspectives*, 12(1), 45–55. <https://doi.org/10.34172/hpp.2022.07>
13. Rakhshan, M., Mousazadeh, N., Hakimi, H., & Hosseini, F. A. (2021). Iranian nurses' views on barriers to moral courage in practice: A qualitative descriptive study. *BMC nursing*, 20(1), 221. <https://doi.org/10.1186/>
14. Shaygan M, Hosseini F A, Bustani A, Zahedian Nasab N. (2022). The Effect of a Combination of Adapted Physical and Artistic Activities on Isolation and Aggression of the Elderly Living in the Farzanegan Nursing Home in Shiraz 2018. *Salmand: Iranian Journal of Ageing*, 17 (3). URL: <http://salmandj.uswr.ac.ir/article-1-2279-en.html>
15. Parvan, K., Hosseini, F. A., Jasemi, M., & Thomson, B. (2021). Attitude of nursing students following the implementation of comprehensive computer-based nursing process in medical surgical internship: a quasi-experimental study. *BMC Medical Informatics and Decision Making*, 21(1), 1-12. doi: 10.1186/s12911-020-01378-6.
16. Hosseini, F. A., Torabizadeh, C., Bagherian, S., & Thomson, B. (2021). Cultural Awareness in Nursing: Concept Analysis Using Rodgers' Evolutionary Approach. *Journal of Research Development in Nursing and Midwifery*, 18(1), 1-7. DOI: 10.29252/jgbfm.18.1.1
17. Hosseini, F. A., Parvan, K., Jasemi, M., Parizad, N., Zabihi, R. E., & Aazami, S. (2021). Using Newly Developed Software to Enhance the Efficiency of the Nursing Process in Patient Care: A Randomized Clinical Trial. *CIN: Computers, Informatics, Nursing*, 39(11), 696-703. doi: 10.1097/CIN.0000000000000772
18. Alsadat Hosseini, F., & Momennasab, M. (2020). Nursing student experiences of caring for burned patient: From fearfulness to normalization. *Investigación y Educación en Enfermería*, 38(1). DOI: <https://doi.org/10.17533/udea.iee.v38n1e09>
19. Hosseini, F. A., Momennasab, M., Yektatalab, S., & Zareiyan, A. (2019). Presence: the cornerstone of spiritual needs among hospitalised patients. *Scandinavian journal of caring sciences*, 33(1), 67-76. doi: 10.1111/scs.12602
20. Parvan, K., Hosseini, F. A., & Bagherian, S. (2018). The relationship between nursing instructors' clinical teaching behaviors and nursing students' learning in Tabriz University of Medical Sciences in 2016. *Education for Health*, 31(1), 32. doi: 10.4103/1357-6283.239044
21. Hosseini, F. A., Momennasab, M., Yektatalab, S., & Zareiyan, A. (2019). Patients' perception of dignity in Iranian general hospital settings. *Nursing ethics*, 26(6), 1777-1790. doi: 10.1177/0969733018772078
22. Valizadeh, L., Hosseini, F. A., Zamanzadeh, V., Heidarneshad, F., Jasemi, M., & Lankarani, K. B. (2015). Practice of Iranian adolescents with hemophilia in prevention of complications of hemophilia. *Indian Journal of Palliative Care*, 21(3), 328. doi: 10.4103/0973-1075.164895
23. Parvan, K., Ahangar, R., Hosseini, F. A., Abdollahzadeh, F., Ghojzadeh, M., & Jasemi, M. (2015). Coping methods to stress among patients on hemodialysis and peritoneal dialysis. *Saudi Journal of Kidney Diseases and Transplantation*, 26(2), 255. doi: 10.4103/1319-2442.152409
24. Hosseini, F. S., Jolayi, H., Valizadeh, L., Tabaghchy Ahary, A., Hashemi, M. V., & Varmazyar, Z. (2014). The knowledge of hemophilia affected adolescents on the prevention of hemophilia complications. *Scientific Journal of Iran Blood Transfus Organ*, 10(4), 372-386.

25. Valizadeh, L., & Sadat Hosseini, F. (2013). Physical Activity and Sports in Adolescents with Hemophilia in Iran, 2011-2012. *Studies in Sport Medicine*, 5(13), 73-90. Doi: 20.1001.1.23221658.1392.5.13.5.7
26. Ahangar, R., Parvan, K., Hosseini, F. A., Abdollahzadeh, F., Seyedrasooli, E., & Ghojazadeh, M. (2013). Stressors and coping methods of patients on hemodialysis in Tabriz Imam Reza teaching hospital in 2009. *Razi Journal of Medical Sciences*, 20(111), 1-11.
27. Jasemi, M., Rahmani, A., Aghakhani, N., Hosseini, F., & Eghtedar, S. (2013). Nurses and Physicians' viewpoint toward interprofessional collaboration. *Iran J Nurs*, 26(81), 1-10.
28. Parvan, K., Zamanzadeh, V., & Hosseini, F. A. (2012). Assessment of professional values among Iranian nursing students graduating in universities with different norms of educational services. *Thrita*, 1(2). DOI:10.5812/thrita.6441
29. Kobra, P., Vahid, Z., & Alsadat, H. F. (2012). Nursing students' perspectives on professional values in the universities of medical sciences in Iran. *International Research Journal of Applied and Basic Sciences*, 3(6), 1183-1191.
30. Parvan, K., Hosseini, F., & Zamanzadeh, V. (2012). Professional Values from Nursing Students' Perspective in Tabriz University of Medical Sciences: a Pilot Study. *Iran Journal of Nursing* (2008-5923), 25(76).
31. Parvan, K., & Zamanzadeh, V. (2012). Professional values of the nursing students' perspective in type 1 universities of medical sciences. *Quarterly Journal of Nursing Management*, 1(1), 69-82.
32. Jasemi, M., Zamanzadeh, V., Rahmani, A., Mohajjel, A., & Alsadathoseini, F. (2013). Knowledge and practice of Tabriz teaching hospitals' nurses regarding nursing documentation. *Thrita*, 2(2). DOI: 10.5812/thrita.8023

C. Books

1. Shaygan, M. Hosseini FA. Psychological basics (homeostasis, stress and individual and family adaptation). In Abbaszadeh, A. et al. (2024). Professional nursing (basic concepts 1 and 2), Tehran; Jameeh Negar publications. In press.

VII. Presentations in Congress

1. 2024 Shaygan, M., Hosseini, FA. Investigating the effect of cyberspace-based logotherapy on depression, suicidal thoughts, and hopelessness in patients with major depressive disorder: a clinical trial study, The 13th International Conference on Woman's Health and the 5th international conferences on social studies in health, Shiraz, Iran.
2. 2024 Shaygan, M., Hosseini, FA. The Effect of Virtual Reality-Based Positive Psychotherapy on Emotional Experiences, Life Satisfaction, and Suicidal Ideation in Patients Suffering from Major Depressive Disorder: A MixedMethods Study, The 13th International Conference on Woman's Health and the 5th international conferences on social studies in health, Shiraz, Iran.
3. 2024 Hosseini, FA., Shaygan, M. The mediating role of physical activity, morning wake-up time, and sleep-inducing medication use in the relationship between age and depression: A path analysis of a large cohort study in Iran, The 13th International Conference on Woman's Health and the 5th international conferences on social studies in health, Shiraz, Iran.

4. 2023 Understanding the relationship between mental health and depression in patients with chronic pain: the mediating role of pain catastrophizing, May 8 & 9, 2023 Shiraz – Iran, The first biennial national conference on religion, human and health
5. 2023 The effectiveness of spiritual therapy on reducing anxiety and depression in women with breast cancer, Nov 8 & 9, 2023 Shiraz – Iran, the 12th International Conference on Woman's Health
6. 2023 Investigating Iranian teenage girls' awareness of reproductive health, Nov 8 & 9, 2023 Shiraz – Iran, the 12th International Conference on Woman's Health
7. 2023 Predictive Factors of Depression Among Female Nursing Students in Medical Science Universities in Iran, Nov 8 & 9, 2023 Shiraz – Iran, the 12th International Conference on Woman's Health
8. 2023 First Iranian National Conference on Advanced Technologies of Medical Science Education, November 22-24, 2023, Razi International Conference Center, Sheikh Raees National Conference and Festival
9. 2023 Understanding the relationship between mental health and depression in chronic pain patients: the mediating role of pain catastrophizing, First Biennial National Conference of Religion, Man, and Health, Shiraz, Iran
10. 2021 Psychometric properties of Nurses Professional Values Scale-Revised: An Iranian version, *7th International Conference on Health, Treatment and Health Promotion*, Tbilisi, Georgia
11. 2021 Comparison of the effect of psychosocial training on pain intensity between patients with acute and chronic musculoskeletal pain, *7th International Conference on Health, Treatment and Health Promotion*, Tbilisi, Georgia
12. 2017 The spiritual needs of hospitalized patients in Islamic culture, *Conference on medicine in the prophetic family*, Shiraz, Iran
13. 2017 The presence of the cornerstone of the spiritual needs of hospitalized patients, *Conference on medicine in the prophetic family*, Shiraz, Iran
14. 2016 Nursing Students' Viewpoints on Professional Values in Iranian Medical Sciences Universities, *Annual Congress on Medical Ethics and Nursing*, Tehran, Iran
15. 2016 Non-pharmacological interventions in the management of pain in burn patients, *National Congress of Burns and Wounds*, Shiraz, Iran
16. 2016 Post Traumatic growth in Patients with Burn: A Review Study, *National Congress of Burns and Wounds*, Shiraz, Iran
17. 2015 Family Therapy as a New Approach: A Review Article, *Family-centered care*, Shiraz, Iran
18. 2015 Family-based care in the health care professions: A review study, *Family-centered care*, Shiraz, Iran
19. 2013 Cesarean Effect on Reducing Fertility of Pregnant Women, *Fifth Congress of Perinatology, Shiraz University of Medical Sciences*, Shiraz, Iran
20. 2013 Depression and Caesarean Relationship, *Fifth Congress of Perinatology, Shiraz University of Medical Sciences*, Shiraz, Iran
21. 2013 A Survey of the effect of Cognitive Behavioral Techniques in Improving the Control of Cancer Pain, *Pain management*, Shiraz, Iran
22. 2013 Non-medical interventions in the management of pain in burn patients, *Pain management*, Shiraz, Iran
23. 2013 Nurses' Knowledge and Attitudes in Relieving Pain of Cancer Patients; A Review Study, *Pain management*, Shiraz, Iran
24. 2013 Self-management of pain in patients with cancer, *Pain management*, Shiraz, Iran
25. 2013 Chronic pain in its' relief methods, *Pain management*, Shiraz, Iran
26. 2013 Related factors concerning tramadol abuse, *Pain management*, Shiraz, Iran

27. 2012 Models for the development process of professional values in nursing: a review of the literature, *13th International Nursing Ethics Conference*, İzmir-Turkey
28. 2012 Situation of professional values' education in baccalaureate degree nursing programs, *13th International Nursing Ethics Conference*, İzmir-Turkey
29. 2012 The Quality of Psycho-Psychological Nursing Care in the Nursing Students' Perspective of Tabriz Nursing and Midwifery Faculty, *Nursing profession and professional nursing position in health system*, Tehran, Iran
30. 2012 The Quality of Nursing Care in the Communication dimension from the Nursing Students' Perspective in Tabriz Nursing and Midwifery Faculty, *Nursing profession and professional nursing position in health system*, Tehran, Iran
31. 2012 Comparison of Nursing Students' Viewpoint on Professional Values in Different Types of Medical Sciences Universities of Iran, *National comprehensive Seminar of nursing and midwifery Students*, Isfahan, Iran
32. 2012 Effect of acupuncture on weight loss, *the second research congress of medical students of Tehran University*, Tehran, Iran
33. 2012 The Quality of Psycho-Psychological Nursing Care in the Nursing Students' Perspective of Tabriz Nursing and Midwifery Faculty of Tabriz Nursing and Midwifery Faculty, *Nursing profession and professional nursing position in health system*, Tehran, Iran
34. 2012 Training of Seizure Attacks for Parents of Children with Epilepsy, *9th International Congress of Epilepsy*, Tehran, Iran
35. 2012 Codes of ethics in nursing practice and education, *13th International Nursing Ethics Conference*, İzmir-Turkey
36. 2012 The status of observance of the patients' rights in Iran, *Nursing profession and professional nursing position in health system*, Tehran, Iran
37. 2012 Nursing students' perspectives on professional values in Iran, *13th International Nursing Ethics Conference*, İzmir-Turkey
38. 2010 Quality of life of Parents who have children with chronic diseases, *Nursing Challenges for Children with Chronic Illness*, Tabriz, Iran
39. 2010 Sleep disturbance and related effects in the elderly, *Social factors affecting health*, Tehran, Iran
40. 2010 Preventive knowledge of Complications and Related Behaviors Among Hemophilia Adolescents in East Azarbaijan, *Nursing Challenges for Children with Chronic Illness*, Tabriz, Iran
41. 2010 Relationship between sleep disorders and professional health of nurses, *Social factors affecting health*, Tehran, Iran
42. 2010 Self-medication and its related factors in the elderly, *Social factors affecting health*, Tehran, Iran
43. 2010 Psychological status of parents of children with chronic diseases, *Student Seminar on Chronic Illness with Emphasis on Patient Education*, Shiraz, Iran
44. 2010 The effect of education and program of self-care in patients with multiple sclerosis, *Student Seminar on Chronic Illness with Emphasis on Patient Education*, Shiraz, Iran
45. 2009 Investigating the Causes of Drug Mistakes in Nurses and Prevention Strategies of them, *First National Clinical Skills Congress: More Safety, Better Performance*, Isfahan, Iran
46. 2009 Investigation of nursing injuries related to needlestick injury and its' prevention strategies, *First National Clinical Skills Congress: More Safety, Better Performance*, Isfahan, Iran

VIII. Thesis Supervision and Advisement

Years	Student	Title of Dissertation	Role	School/University
2024	Misagh Mashi	Investigating the mediating role of physical activity and resilience in the relationship between Social support and cognitive function in the elderly of Shiraz - 2024	Thesis Advisor	School of Nursing, Shiraz University of Medical Sciences, Shiraz, Iran
2024	Faezeh Zare	Comparison of the effect of psychological pain management and emotion-focused therapy based on mobile phones, on pain intensity, quality of life and resilience of .patients with non-specific chronic low back pain	Thesis Advisor	School of Nursing, Shiraz University of Medical Sciences, Shiraz, Iran
2024	Elham Ghanbarnezhad	The Comparison of positive psychotherapy via virtual reality and face-to-face methods on the intensity of pain, anxiety, depression and hope of patients with gastrointestinal cancer hospitalized in Amir Oncology Hospital	Thesis Advisor	School of Nursing, Shiraz University of Medical Sciences, Shiraz, Iran

IX. Research interests

- Community-Based Approaches to adult and old age health
- Promote the health of adolescents and the elderly with special health care needs
- Non-pharmacological methods for the prevention and control of acute and chronic diseases
- Palliative care in hospitalized and outpatient patients
- Patient safety and quality in all hospital wards
- Comprehensive nursing care
- Spirituality and ethics in nursing care
- Promoting nursing education
- Models of health care delivery

- Psychometrics of health questionnaires
- Mental health promotion in patients and healthcare providers
- Community based psychiatric health researches
- Informatics in health care
- Promoting health and social behavioral health sciences
- High Risk, Underserved, and Vulnerable Populations
- Palliative Care
- Patient Safety and Quality
- Prevention
- Primary and Comprehensive Care
- Symptom Science and Management
- Urban and Global Health

X. Language Skills

- Persian (Native)
- English (Fluent)

